

Happy New Year from White Pine Wealth Management! The holidays are over and we're hunkering down these days. The snow is cold, the fire is warm, and the hot chocolate is covered in whipped cream. But when cabin fever starts to set in, we like to get out there and enjoy all the great activities Maine has to offer. Skiing isn't the only thing we to do up in these parts. We've compiled a list of resources, ideas, and team favorites to keep you busy all winter long.

White Pine Wealth Management wishes you a fruitful and happy 2020!

EVENTS

Senior Week at Sunday River - Bethel: January 27th through January 31st

New England Pond Hockey Festival - Rangeley: January 31st through February 2nd

Winter Carnival - Maine Audubon, Falmouth: February 15th

Maine Brewer's Guild Winter Session - Thompson's Point, Portland: February 29th

Maine Audubon - Falmouth, Maine

<u>2020 Maine Flower Show</u> - Thompson's Point, Portland: March 25th to March 29th (*Technically* spring, but we Mainers know better.)

ACTIVITIES

<u>Joanne Fabrics Classes</u> - Classes for a variety of crafts, ages, and skill levels. Learn to knit, sew, decorate pastries, and more.

<u>Ice Skating Rinks</u> - Indoor or outdoor, lace up your blades and get out there!

<u>Snowshoeing</u> – Discover the beauty and solitude of Maine's landscape where less adventurous folks dare not tread. Learn how here.

<u>Muse Paint Bar</u> – Channel your inner Wyeth and paint a <u>Portland Museum of Art</u>-worthy masterpiece.

Sledding - Gravity and snow come together for low-tech fun the whole family can enjoy!

<u>Get Outdoors</u> - There are tons of Discovery Courses and events available through LL Bean, many of them entirely free.

Maine Huts & Trails - Explore Maine and discover something new.

FOOD AND ACCOMMODATIONS

<u>Après Ski</u> – After hauling skis, tripping over boots, warming frozen fingers, and standing in chair lines, the best part of every ski day might just be found off the slopes.

<u>Getaways</u> - <u>Three-day weekends</u> and school breaks are a great time to get away, especially when you don't have to go far.

<u>Maine Maple Sunday</u> – Sunday, March 22nd – Anyone who grew up in Maine remembers school trips to a local sugar shack to pour fresh maple syrup on snow. Maine Maple

Sunday is a great way to experience a quintessential New England tradition. Life is sweet.

<u>Maine Restaurant Week</u> – March 1st – 12th – Perhaps our least tourist-populated month, take this opportunity to try that restaurant you've been wanting to visit when "folks from away" aren't packing the place.

TEAM FAVORITES

Everyone has different ways of enjoying (or enduring!) the Maine winters. From places to go to products we swear by, we've compiled a list of team member favorites for getting the most out of our longest season.

Gibson Wilkes - Needles up! Mother of Purl Yarn Shop

Melissa Duffy - Ice skating in Yarmouth - a truly Rockwellian scene.

Grey Terry - Better than working out at the gym - <u>Pineland Farms Cross Country</u>

<u>Skiing</u>

Paige Batchelder - All they're cracked up to be - LL Bean Wicked Good Slippers



Matt Emery - Enjoy something to read

with your coffee on a snowy day.

Mary Beth Malone - Enjoy a taste of a great local brew. http://mainer.co/portland-maine-brewery-map/

Teri Conley - Not your mainstream movies - PMA Films

Kellie Myles - Mom's Sausage Soup



I - I I/2 lbs. Sausage out of casing (I use $\frac{1}{2}$ sweet and $\frac{1}{2}$ hot). Bow Street Market in Freeport has great bulk sausage!

I Large onion chopped (I love the sweetness of Vidalia onions)

2T Olive oil

2T Butter

280z can petite diced tomatoes w/Italian seasoning

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2802s Beef Bouillon (I always use more, adding more as the soup progresses, maybe 42 02s.)

240zs V8 original juice

2-3 Small Italian Eggplants or 1-2 large globe eggplants

2C Medium or large diced carrots, whichever you prefer

2C Diced celery

4 cloves Garlic finely chopped, or 4 teaspoons of crushed garlic from the jar.

1 tsp Salt

1 tsp Sugar

½ tsp Pepper

 $\frac{1}{2}$ tsp Nutmeg

4T Fresh Parsley (2T dried)

1-2 C Ditalini or Elbow macaroni (I put 1C of pasta in the soup and serve the

rest in a separate bowl). This way the broth is not totally absorbed into the

pasta.

Fresh grated parmesan cheese!

In a deep kettle heat oil and butter on med heat. Brown sausage and onion. Stir until all

pinkness is gone. Add tomatoes, beef broth, V8, eggplant, garlic, carrots, celery, salt,

pepper, sugar, and nutmeg.

Cover and simmer 45 mins. Add pasta and parsley, cook 10 mins more. (Depending on

the type of pasta used) Serve with fresh grated parmesan cheese.

DOWN TO BUSINESS

We spend most of our time off the slopes and in the office. We want you to be aware of a

couple important things that may pertain to you.

The Secure Act: How does it affect you?

2019 Tax Documents: Information on mailings, deadlines, and timeframes.

White Pine Wealth Management wants to wish you a warm, fun, and safe

Maine Winter 2020.

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