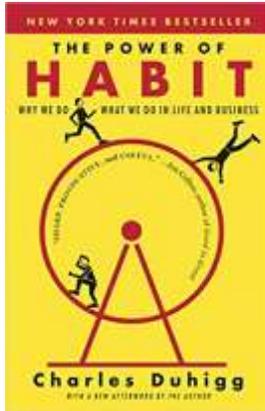




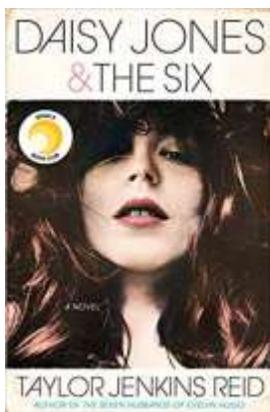
Paige's Pick: [The Power of Habit](#) by Charles Duhigg

*In The Power of Habit, award-winning business reporter Charles Duhigg takes us to the thrilling edge of scientific discoveries that explain why habits exist and how they can be changed. Distilling vast amounts of information into engrossing narratives that take us from the boardrooms of Procter & Gamble to the sidelines of the NFL to the front lines of the civil rights movement, Duhigg presents a whole new understanding of human nature and its potential. At its core, The Power of Habit contains an exhilarating argument: The key to exercising regularly, losing weight, being more productive, and achieving success is understanding how habits work. As Duhigg shows, by harnessing this new science, we can transform our businesses, our communities, and our lives.*



Melissa's Pick: [Daisy Jones & The Six](#) by Taylor Jenkins Reid

*A gripping novel about the whirlwind rise of an iconic 1970s rock group and their beautiful lead singer, revealing the mystery behind their infamous breakup. The making of that legend is chronicled in this riveting and unforgettable novel, written as an oral history of one of the biggest bands of the seventies. Taylor Jenkins Reid is a talented writer who takes her work to a new level with Daisy Jones & The Six, brilliantly capturing a place and time in an utterly distinctive voice.*

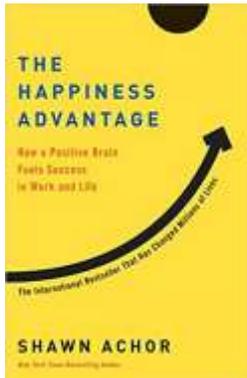




Gibson's Pick: [The Happiness Advantage](#) by Shawn Achor

*Conventional wisdom holds that if we work hard we will be more successful, and if we are more successful, then we'll be happy. If we can just find that great job, win that next promotion, lose those five pounds, happiness will follow. But recent discoveries in the field of positive psychology have shown that this formula is actually backward: Happiness fuels success, not the other way around. When we are positive, our brains become more engaged, creative, motivated, energetic, resilient, and productive at work. This isn't just an empty mantra. This discovery has been repeatedly borne out by rigorous research in psychology and neuroscience, management studies, and the bottom lines of organizations around the globe.*

*In The Happiness Advantage, Shawn Achor, who spent over a decade living, researching, and lecturing at Harvard University, draws on his own research—including one of the largest studies of happiness and potential at Harvard and others at companies like UBS and KPMG - to fix this broken formula. Using stories and case studies from his work with thousands of Fortune 500 executives in 42 countries, Achor explains how we can reprogram our brains to become more positive in order to gain a competitive edge at work.*

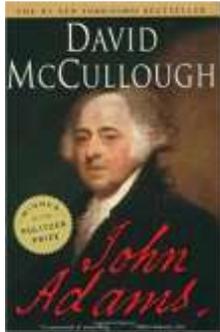


Matt's Pick: [John Adams](#) by David McCullough

*In this powerful, epic biography, David McCullough unfolds the adventurous life journey of John Adams, the brilliant, fiercely independent, often irascible, always honest Yankee patriot who spared nothing in his zeal for the American Revolution; who rose to become the second president of the United States and saved the country from blundering into an unnecessary war; who was learned beyond all but a few and regarded by some as "out of his senses"; and whose marriage to the wise and valiant Abigail Adams is one of the moving love stories in American history.*

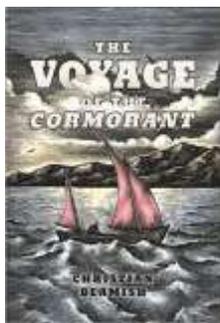
*This is history on a grand scale—a book about politics and war and social issues, but also about human nature, love, religious faith, virtue, ambition, friendship, and betrayal, and the far-reaching*

consequences of noble ideas. Above all, *John Adams* is an enthralling, often surprising story of one of the most important and fascinating Americans who ever lived.



Grey's Pick: [The Voyage of the Cormorant](#) by Christian Beamish

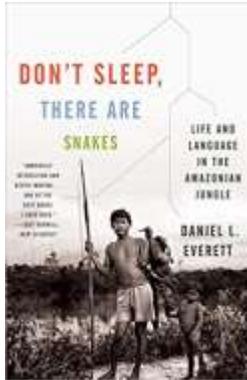
*Christian Beamish, a former editor at The Surfer's Journal, envisioned a low-tech, self-reliant exploration for surf along the coast of North America, using primarily clothes and instruments available to his ancestors, and the 18-foot boat he would build by hand in his garage. How the vision met reality – and how the two came to shape each other – places Voyage of the Cormorant in the great American tradition of tales of life at sea, and what it has to teach us.*



Teri's Pick: [Don't Sleep, There Are Snakes](#) by Daniel L. Everett

*A riveting account of the astonishing experiences and discoveries made by linguist Daniel Everett while he lived with the Pirahã, a small tribe of Amazonian Indians in central Brazil. Daniel Everett arrived among the Pirahã with his wife and three young children hoping to convert the tribe to Christianity. Everett quickly became obsessed with their language and its cultural and linguistic implications. The Pirahã have no counting system, no fixed terms for color, no concept of war, and no personal property.*

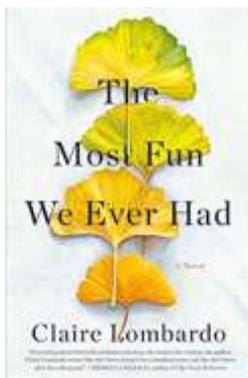
Everett was so impressed with their peaceful way of life that he eventually lost faith in the God he'd hoped to introduce to them, and instead devoted his life to the science of linguistics. Part passionate memoir, part scientific exploration, Everett's life-changing tale is riveting look into the nature of language, thought, and life itself.



Kellie's Pick: [The Most Fun We Ever Had](#) by Claire Lombardo

*A dazzling, multigenerational novel in which the four adult daughters of a Chicago couple--still madly in love after forty years--recklessly ignite old rivalries until a long-buried secret threatens to shatter the lives they've built.*

*Spanning nearly half a century, and set against the quintessential American backdrop of Chicago and its prospering suburbs, Lombardo's debut explores the triumphs and burdens of love, the fraught tethers of parenthood and sisterhood, and the baffling mixture of affection, abhorrence, resistance, and submission we feel for those closest to us. In painting this luminous portrait of a family's becoming, Lombardo joins the ranks of writers such as Celeste Ng, Elizabeth Strout, and Jonathan Franzen as visionary chroniclers of our modern lives.*

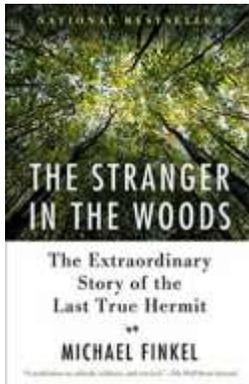




Mary Beth's Pick: [The Stranger in the Woods](#) by Michael Finkel

*Many people dream of escaping modern life. Most will never act on it—but in 1986, twenty-year-old Christopher Knight did just that when he left his home in Massachusetts, drove to Maine, and disappeared into the woods. He would not have a conversation with another person for the next twenty-seven years.*

*Drawing on extensive interviews with Knight himself, journalist Michael Finkel shows how Knight lived in a tent in a secluded encampment, developing ingenious ways to store provisions and stave off frostbite during the winters. A former alarm technician, he stealthily broke into nearby cottages for food, books, and supplies, taking only what he needed but sowing unease in a community plagued by his mysterious burglaries. Since returning to the world, he has faced unique challenges—and compelled us to reexamine our assumptions about what makes a good life. By turns riveting and thought-provoking, *The Stranger in the Woods* gives us a deeply moving portrait of a man determined to live his own way.*





Kashi's Pick: [The Dalai Lama's Cat](#) by David Michie

*In a beautiful sanctuary overlooking the snow-capped Himalayas, she begins her new life as the Dalai Lama's cat. Warmhearted, irreverent, and wise, this cat of many names opens a window to the inner sanctum of life in Dharamsala. A tiny spy observing the constant flow of private meetings between His Holiness and everyone from Hollywood celebrities to philanthropists to self-help authors, the Dalai Lama's cat provides us with insights on how to find happiness and meaning in a busy, materialistic world. Her story will put a smile on the face of anyone who has been blessed by the kneading paws and bountiful purring of a cat.*

