

## Stayin' Wicked Fah Apaht

My new social distancing outfit  
just arrived from Amazon



Things have certainly changed dramatically in the past few weeks here in the United States. Most of us are navigating something that we never have before, nor imagined we would. COVID-19 has found many of us largely unprepared for the challenges of doing life entirely from home. Some of you may be on the front lines, performing jobs that are critical, and now far more dangerous than they seemed a few weeks ago. We thank you for your commitment and dedication to serving others during these uncertain times.

Here at White Pine Wealth Management, those of us who are able to perform our jobs from home are working remotely to limit the number of people coming and going from our building. While we are deemed essential workers, our offices are no longer open to the public. Mary Beth and Teri are still there when you call. As we adjust to what looks like an extended remote office environment, we are doing lots of things to bring some joy into our lives when we aren't working hard servicing clients and running a business. We hope you find some great ideas to keep your mind off the news and to take advantage of life at a different pace.

### Gibson

- Just finished reading: Everything I Never Told You. By Celeste Ng

<https://www.goodreads.com/book/show/18693763-everything-i-never-told-you>

- Currently reading: Running with Sherman by Christopher McDougall:

<https://www.goodreads.com/book/show/45322355-running-with-sherman>

- Next up: The Big Finish by Brooke Fossey

[https://www.amazon.com/dp/B07V9T4DRM/?coliid=I181EoK1UEIE1o&colid=R2H9J6RYWQMA&psc=1&ref=lv\\_ov\\_lig\\_dp\\_it](https://www.amazon.com/dp/B07V9T4DRM/?coliid=I181EoK1UEIE1o&colid=R2H9J6RYWQMA&psc=1&ref=lv_ov_lig_dp_it)

- Just finished this puzzle:



- I made this cake every year for 25 years, until the girls moved out of the house.

<https://www.bettycrocker.com/recipes/bunny-surprise-cake/e1740c12-724b-4513-890e-687d2ab97d43>

- If you use this link on Lego, you can search building plans and reuse that massive pile of leftover Legos. The colors don't always match, but it expands the number of projects exponentially. Fun for everyone!

<https://www.lego.com/en-us/service/buildinginstructions>

## Melissa

Greetings from Ohio! I have been sheltering in place with my daughters at the home of my sister and her family. We have enjoyed this unique opportunity to spend all this time together. We have big family meals, take daily walks, and have four kids doing their remote learning together. The weather has been lovely for the last week...spring is on the way!

- Loving this show right now:

<https://www.fxnetworks.com/shows/devs>

- This is so good with King's Hawaiian Rolls and it goes great with a small salad. We've had this twice during quarantine, but it would be good at a gathering when those are back in style.

<https://www.averiecooks.com/ham-cheese-sliders/>

## Grey

My family and I feel lucky to have a home next to the woods where we can walk our dogs daily, and have enjoyed listening to the peepers and song birds. It's always a special time of year when the peepers start to sing, but this year, I have really enjoyed their arrival, as it reassures me that winter has ended and that at some point all of this will pass like the seasons that come and go. With the human population reeling from the virus, I find solace in nature continuing its march toward summer and new growth.

- Here are a couple phone apps that I have been using to stay healthy and sane:

<https://7minuteworkout.jnj.com/>

<https://www.calm.com/>

- With all the time at home, we have been cooking and baking. This is one of our favorite bread recipes:

<https://cooking.nytimes.com/recipes/11376-no-knead-bread>

## Paige

- I recommend watching Modern Love on Prime. Short, love-affirming stories that make you feel good about humanity.

<https://www.amazon.com/Modern-Love-Season-1/dp/B07VKRJNQH>

- Buy fresh flowers at the grocery store! The arrival of hyacinth, daffodils, and tulips are one of my most favorite season markers each year. It's still pretty cold here in Maine, and the cheeriness of a fragrant hyacinth reminds me that good things are still to come.
- I signed up for this course through Coursera, offered by Yale: The Science of Wellbeing. It's free, and I'm doing a little each day.

<https://www.coursera.org/learn/the-science-of-well-being>

- Learn a new language or refresh your skills. I'm loving this free app that reminds me to practice my rusty French a few minutes each morning. Oui! Oui!

<https://www.duolingo.com/>

- We ordered some vintage board games on eBay to keep us from totally zoning out in front of the TV. A few tips when ordering from eBay: Read the description to make sure it's a complete set, order from within the US for fastest shipping options, and read the seller ratings carefully.

<https://www.ebay.com/sch/i.html?from=R40&trksid=p2380057.m570.l1313.TR12.TRC2.Ao.Ho.Xvintage+board+games.TRSO&nkw=vintage+board+games&sacat=o>

- It's still fireplace weather here, so I have been cozying up with Russian poet Joseph Brodsky's Collected Poems in English.

<https://www.amazon.com/Collected-Poems-English-Joseph-Brodsky/dp/0374528381>

## Matt

Indoors, among other play, Sam made a grocery store in his bedroom with his play kitchen. The store is called "Shadders"—I have no idea why—and he printed price tag labels on many items. It's very expensive - \$6.68 for one potato - for instance.

Will's first two teeth have finally surfaced and the last few nights have gone better, consequently. He also said his first real word, "cheese"...which is probably his favorite food—especially cheddar.

- Sarah and I have been doing some yardwork, especially during the weekends when Will's napping. We're still raking and blowing leaves and acorns from last fall.

[https://www.acehardware.com/departments/lawn-and-garden/gardening-tools/gardening-tools/7464209?x429=true&gclid=Cj0KCQjwj7v0BRDOARIsAGh37io6HjP\\_KuZNxmRgtdJsZT-83N0GIwZ26kzm75BOHeDk\\_LIzdPD4bVAaAl6TEALw\\_wcB&gclid=aw.ds](https://www.acehardware.com/departments/lawn-and-garden/gardening-tools/gardening-tools/7464209?x429=true&gclid=Cj0KCQjwj7v0BRDOARIsAGh37io6HjP_KuZNxmRgtdJsZT-83N0GIwZ26kzm75BOHeDk_LIzdPD4bVAaAl6TEALw_wcB&gclid=aw.ds)

- I've had a copy of War and Peace for a long time but have never read it until now, and I really like it, but it's going slow because I haven't had much of a chance to read lately. I'm not sure if that would count as a good "quarantine" read or not. And please no one spoil it for me...I'm still only in 1806 and I don't want to know what happens.

<https://www.amazon.com/War-Peace-Vintage-Classics-Tolstoy/dp/1400079985>

## Mary Beth

Thank goodness I have my daily routine of going to work! I never thought I would be so grateful for that.

Keith and I moved to the lake early this year so we would have a change of scenery. It also allows one of us to isolate in a separate place if we needed to. Early on, we left the neighborhood for hiking, but now we stick to walking in our neighborhood. We are also getting yardwork and other projects done early, so we're ready for fun and socializing when the time comes. We love going to the lake to spend time with friends and family and miss that terribly.

The thought of not having a trip planned to see our grandchildren is the worst part of this situation. We look forward to our visits so much, and there are no plans in sight. On a positive note, they call and Facetime with us frequently. Those calls are the brightest part of my day.

## Teri

I'm trying to find a balance between indoor and outdoor activities. I've been able to get out on my bike quite a bit and it's good to see that there are lots of people cycling these days. Even before our stay at home order I had been thinking of doing some sewing, after a long hiatus, so my daughter is giving me a sewing machine she no longer uses. I just have to dig out the patterns and material I have tucked away.

- I highly recommend getting outside and maybe learning something new. You could even combine the two and learn to identify all our beautiful birds, now that you have more time to enjoy them.

<https://www.audubon.org/app>

- I can watch hours of the home renovation show, Home Town. Hope you enjoy it.

<https://www.hgtv.com/shows/home-town>

**White Pine Wealth Management wants you to know that we are here for you during these uncertain times. We are working hard to get our clients through this difficult moment in history and we welcome your comments, questions, and concerns as we navigate the pandemic. Our thoughts are with you and everyone who has been impacted by the coronavirus.**

**Be well and stay safe.**

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